## **Quick Trips** Featured Family Destination:

Kannapolis

Greensboro

Raleigh

## Kannapolis, NC



Once home to one of the world's largest textile producers, Kannapolis today features the NC Research Campus, a scientific research hub for several North Carolina universities. **The Kannapolis Train Station** still holds the history of a oncebooming industry within its newly revived Colonial architecture. Visitors will find Kannapolis' culture filled with music appreciation, NASCAR memorials and lots of good eats!

NASCAR fans can stop by the **Dale Earnhardt Plaza,** located right down the street from the station along S. Main Street between A Street and B Street. This memorial to the late NASCAR driver honors a hometown hero and racing legend. Visitors can pay respects and take a photo with the 900-pound, ninefoot-tall bronze statue or picnic in the surrounding gardens.

Also featured in the heart of the city is the **North Carolina Music Hall of Fame**, where visitors can

Depart on Train 73 from:	
Cary	6:58 am
Greensboro	8:21 am
Salisbury	<b>9:14</b> am
Arrive in Kannapolis	9:31 am
Depart Kannapolis on Train 76	5:42 pm

Depart Kannapolis on Train 76	5:42 pm
Arrive:	
Salisbury	5:59 pm
Greensboro	6:57 pm
Cary	8:18 pm

learn about the local and national legends that have shaped the state's music culture. Located on 109 W. A Street, the Hall of Fame is free to the public, however donations are accepted. The hours are Monday-Friday, 10 a.m. to 4 p.m.

Kannapolis also features quality restaurant options from healthy meals for the whole family to bakeries to satisfy your sweet tooth:

## **Forty Six**

Healthful choices, salads, sandwiches, lunch, brunch, dinner, vegan, vegetarian, gluten free 101 W. Ave., Kannapolis (704) 250-4646 Hours: Brunch: Sunday, 11 a.m. to 2 p.m.; Lunch: Monday-Wednesday, 11 a.m. to 2 p.m., Thursday-Friday, 11 a.m. to 5 p.m.; Dinner: Thursday-Saturday, 5 p.m. to 9 p.m.

